

Block 1				Block 2			
Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	
<p>(starting in the late afternoon)</p> <p><b>Module no. 1</b> <u>Getting to know each other</u></p> <ul style="list-style-type: none"> <li>- Group formation</li> <li>- Presentation of the general content and procedures</li> <li>- Presentation of the participants and their workspaces</li> <li>- Introduction to the topic "What is sexuality?" Including self-reflection</li> <li>- Collection of questions and expectations of the participants</li> <li>- Definition of group rules</li> </ul>	<p><b>Module no. 2</b> <u>Social dimensions of gender, sex and sexuality</u></p> <ul style="list-style-type: none"> <li>- theorizing gender and sexuality</li> <li>- social and historically-specific dimensions of gender and sexuality</li> <li>- heteronormativity</li> <li>- intercultural and intersectional dimensions of sex and gender</li> <li>- gender and sexual diversity</li> <li>- conceptualizing sex and (intellectual) disability</li> </ul>	<p><b>Module no. 4</b> <u>Biological and medical basics</u></p> <ul style="list-style-type: none"> <li>- Biological foundations of sexual development (anatomy and development of sexual organs, sexual functions)</li> <li>- Medical foundations of sexuality</li> </ul>	<p><b>Module no. 6</b> <u>Sexual development of people with disabilities</u></p> <ul style="list-style-type: none"> <li>- Possible difficulties and challenges related to sexual development / sexual education</li> <li>- Developmental tasks during puberty</li> <li>- Challenges in practice</li> <li>- Sexual accompaniment and sexual assistance</li> </ul>	<p><b>Module no. 8</b> <u>Working with client's resources</u></p> <ul style="list-style-type: none"> <li>- Identify and develop own resources in relation to sexual education</li> <li>- Recognizing and using individual resources of the clients</li> <li>- possible methodological approach</li> </ul>	<p><b>Module no. 10</b> <u>Sexual self-determination and transgressions</u></p> <ul style="list-style-type: none"> <li>- Sexual and gender self-determination</li> <li>- Sexual assaults</li> <li>- Recognizing and dealing with sexualized violence</li> <li>- Bordering sexuality</li> <li>- Sexual trauma</li> <li>- Necessary action strategies</li> </ul>	<p><b>Module no. 12</b> <u>Reproductive autonomy</u></p> <ul style="list-style-type: none"> <li>- Sexual self-determination in relationship and partnership</li> <li>- Sexuality</li> <li>- Parenting</li> <li>- Fertility and Pregnancy</li> <li>- Birth control, pregnancy, abortion</li> <li>- Support for people with disabilities</li> </ul>	<p>optional: "Final thesis" / Certificate → 3-5 months later: Reflection of the practice transfer in relation to acquired competencies (for example presentation of a case study)</p>
	<p><b>Module no. 3</b> <u>Developing open-mindedness</u></p> <ul style="list-style-type: none"> <li>- Diversity of the target group</li> <li>- Self-determination / self-awareness</li> <li>- Develop criticality and reflectivity</li> <li>- Critical reflection of one's own professional role</li> </ul>	<p><b>Module no. 5</b> <u>Sexual development and sex education</u></p> <ul style="list-style-type: none"> <li>- Sexual development</li> <li>- Development of sexual competences</li> <li>- Sexual education</li> <li>- Recognizing and dealing with feelings</li> <li>- Dealing with own norms and ideas (self-reflection)</li> <li>- Pressure model</li> </ul>	<p><b>Module no. 7</b> <u>Sexuality in various contexts: the family and facilities</u></p> <ul style="list-style-type: none"> <li>- Sexuality and sexual development in family and institutional contexts</li> <li>- The role of parents, educators, educators in sexualization processes</li> </ul>	<p><b>Module no. 9</b> <u>Media Skills</u></p> <ul style="list-style-type: none"> <li>- What does "Media Competency" mean?</li> <li>- Possibilities and risks of the Internet → Safer Sexting, Live-chat, Social Networking</li> <li>- secure use of the Internet</li> </ul>	<p><b>Module no. 11</b> <u>Legal conditions and basic laws regarding sexuality</u></p> <ul style="list-style-type: none"> <li>- Global and regional legal foundations with regard to self-determined sexuality and reproductive health</li> <li>- UN-Convention on the rights of persons with disabilities</li> <li>- Contact points and counseling centers for educational offers, protection against sexualized violence, etc.</li> </ul>	<p><b>Module no. 13</b> <u>Reflection – feedback – evaluation</u></p> <ul style="list-style-type: none"> <li>- Group and individual feedback</li> <li>- Comments and suggestions for improvement</li> <li>- Answering still open questions of the participants</li> <li>- Reflection of acquired knowledge and developed competences for the (professional) everyday life</li> </ul>	